

Champion Challenges Bingo

Challenge yourself and your friends to get 5 in a row on the bingo board below -- or try the full Washburn Games Champion challenge by completing them all!

B I N G O

Do 5 push ups	Write a note to someone	Create your own game	Breathe deeply 3 times	Complete a virtual activity
Stand and stretch	Do 10 jumping jacks	Dance to a favorite song	Play a game with your family	Get some fresh air
Tell a joke	Make art with leaves	 Smile!	Share what you did today	Create your own Champion Award!
Invent your own language	Offer to help someone	Draw	Go on a scavenger hunt	Name 2 things that make you happy
Play catch	Try yoga	Name 3 things you hear right now	Balance on one foot	Do 15 squats